



LCLC Attendance Policy

Lacrosse is a team sport which requires each player to know his/her team responsibilities in order to perform as part of a TEAM. If a player is not able to practice his or her team responsibilities, the TEAM suffers. On-time attendance to ALL lacrosse practices, tournaments, and activities is critical for safety considerations and for proper player development as both an individual AND as a teammate—it is where a player has an opportunity to learn and practice his/her TEAM responsibilities.

Lilac City Lacrosse Club (LCLC) encourages player participation in other sports and extra-curricular activities, which is why competitive lacrosse opportunities are offered per season. Coaches understand that occasional school conflicts arise, LCLC prioritizes academics first. However, we also expect players are expected to use good time management skills to complete schoolwork and make practice.

LCLC also encourages the importance of teamwork, team building, and practice for safety and player development. Please understand that by joining LCLC, both the player and parent/guardian are committing to player development as part of a TEAM; **commitment to the LCLC program and the TEAM is to take precedence over all other commitments** during the season in which your player commits.

Lilac City Lacrosse Club's Attendance Policy

Coaches carefully prepare each practice and game line up based on his/her team roster. Absent players not only miss the opportunity to develop as a team, coaches often are required to change planned practices due the reduced number of players at practice or at games.

- **Excused Absences:** Only up to one consecutive week or two days of excused absences is allowed during a season.
 - The planned absence(s) must be communicated in writing to the Coach BEFORE the first practice—*except for family emergencies*.
- **Unexcused Absences:** Only up to two (2) unexcused absences are allowed during a season.
 - One or two unexcused absences will necessitate Coach-determined discipline such as multiple wind-sprints, field clean up, etc.
 - A third unexcused absence provides cause for removal from the player's team without a LCLC refund.

ALL ABSENCES MUST BE SUBMITTED IN WRITING. Coaches will address excused absences and playing time accordingly. Coaches may NOT select a player for his/her team or remove a player from his/her team due to limited ability (injury or illness) to participate and meet TEAM responsibilities. Players with unexcused absences will receive mandatory reduced playing time. Practice attendance is only one of the criteria's determining playing time; playing time may be proportionately reduced for EACH practice missed.

Examples of Excused Absences

- Serious illness or death in the family (family emergency);
- Mandatory school event (driver's education, etc.);
- Planned vacation communicated *in writing* to the Coach BEFORE the first practice is excused; and

- The coach may remove the player from the team if the player will miss more than one-week of practices or a tournament to meet his/her TEAM responsibilities.
- Planned work hours communicated in writing to the Coach BEFORE the first practice is excused.
 - The coach may remove the player from the team if the player will miss more than one-week of practices or a tournament to meet his/her TEAM responsibilities.

Examples of Unexcused Absences

- Vacation not communicated in writing prior to the first practice of the season;
- Work hours not communicated in writing prior to the first practice of the season;
- Conflict with other sport/activity; and
- Social events (i.e., birthday party, Silverwood, etc.)

For safety reasons, a player who misses an entire week of practice between tournaments will NOT be allowed to play in the next game; he/she will be allowed (and expected) to wear his/her jersey and support his/her team from the sidelines during games. It is NOT fair to the players who attended practices during the week and fulfilled his/her TEAM responsibilities nor does it promote team building by allowing .

Note: Supporting from the sideline does NOT apply to players who attended practices but have limited participation in practice due to their injury or illness. Players unable to fully participate in practices shall be 100 percent medically cleared for contact prior to being allowed to participate in any practices and games/tournaments.

Lilac City Lacrosse Club’s Tardy Policy

Being on-time is a part of the player’s TEAM responsibilities. All players are accountable to their teammate and coaches. Players must be completely dressed and, on the field, when the whistle is blown by the Coach to start practice. A Player is tardy if they are still putting on their equipment or walking to the practice field. Tardiness also applies to team meetings. The expectation is players will be on-time for practice and participate in pre-practice warm-ups, BEFORE practice begins.

Consequences for Tardy Unexcused arrival:

- **First Violation:** wind sprints or team chores to assist coach with clean up and set up
- **Second Violation:** double-wind sprints and additional team chores/duties
- **Third Violation:** triple-wind sprints and team chores/duties
- **Fourth Violation:** half-game suspension
- **Fifth Violation:** full-game suspension
- **Sixth Violation:** expulsion from the team with zero refund

When a player knows that he/she is going to be absent or late to a practice/tournament, it is the player’s responsibility to notify his/her coach in advance; otherwise, the absence or tardy will be treated as unexcused.

Lilac City Lacrosse Club’s Attendance/Game Participation Policy

Players who play for multiple teams (e.g., LCLC and Seattle Starz), must receive approval from the LCLC Board prior to registering. Coaches must approve absences, as players are expected to practice with his/her LCLC team in order to participate in tournaments.